

Professional Beauty Therapist Course

Pre-requisite and Requirements

Minimum education requirement is secondary two

Course Content

Facial Cleansing & Massage Steps (Theory 10hrs, Practical 20hrs)

- Preparation Procedure
- Use of Steamer
- Facial Massage Steps
- Décolleté Massage Steps

Types of Facial Treatment Technique (Theory 8hrs, Practical 18hrs)

- Normal Skin Facial
- Problem Skin Facial
- Pigmentation Skin Facial

The Skin & Salon Hygiene (Theory 4hrs)

- Sterilization

The Skin (Theory 48hrs, Practical 12hrs)

- Function of the skin
- Skin Analysis
- Skin Deficiency
- Skin Blemishes
- Skin Disorder
- Skin Diseases
- Pigmentation, Freckles and Melanocytes
- Problem Skin Conditions
- Acidity & Alkalinity (pH)
- Sun Protection

Skin Anatomy & Physiology (Theory 80hrs)

- The Cells
- Cryptogenic
- Bacteriology
- Skeletal System
- Facial Bone
- Body Skeletal System
- Muscular System
- Muscles of the Head, Face, Neck & Chest
- Body Muscular Parts
- Digestive System
- Circulatory System
- Nervous System
- The Lymphatic System
- Glandular System
- Hair Follicles
- Anatomy of the skin

Grooming & Social Skills (Theory 12hrs, Practical 6hrs)

- Personal Grooming & Hygiene
- Customers Service
- Telephone & Greeting Techniques

Skin Care & Mask Application (Theory 16hrs, Practical 56hrs)

- Home Care
- Skin Peeling
- Cleansing Procedure
- Open & Close Come done
- Make-up Removal
- Face Massage Steps & Techniques
- Natural Mask Application
- Soft, Cold, Hot & Remodeling Mask
- Clay Mask
- AHA Treatment
- Collagen Mask
- Skin Renewing Treatment
- Anti-Oxidant Treatment

Types of Body Massage (Practical 28hrs)

- Décolleté Massage Steps & Techniques
- Back Peeling & Acupressure Techniques
- Back Massage Steps & Techniques
- Body Massage Equipment, Working Posture
- Body Massage Steps, Demo & Practices

Hand Care (Theory 8hrs, Practical 34hrs)

- Paraffin Therapy
- Hand Care & Firming
- Hand Peel, Mask & Massage
- Manicure
- Feet Care & Massage
- Pedicure
- Nail Polish Ingredients
- Nail Polish Application

Eye Care & Treatment (Theory 4hrs, Practical 38hrs)

- Eye Massage Steps
- Lymphatic Treatment
- Anti Wrinkle Treatment for the eyes
- Eyelash Perm Skill
- Eyebrow Design & Correction
- Eye Bags Treatment
- Regenerating Treatment

Product Knowledge & Application (Theory 52hrs)

- Products Type & Knowledge
- Products Ingredients
- Aromatherapy
- Correct Usage of Products
- Basic Chemical Knowledge
- Derma Floral Products Description (Ingredient & Science)
- Derma Floral Usage & Steps

Beauty Equipment Care & Maintenance (Theory 24hrs)

- Electrical
- Safety, Rules & Measurement
- Equipment Care & Maintenance
- Magnifying Lamp

Application of Beauty Equipments (Theory 18hrs, Practical 82hrs)

- Ozone Steamer
- High Frequency on face
- Galvanic Equipment on face
- The Do & Don'ts of Bio Equipment
- Vacuum Suction
- Lymphatic Drainages
- The Care & Apply of Suction Cups
- The Pro and Cons of Micro Electrical
- Infra Red, Benefit of Heat Therapy
- Spatula Equipment
- Ultrasonic Equipment
- Hot & Cold Massager Equipment
- Negative Ion – Ultrasonic A/B-Practical
- Vibrating Machine (G5 Equipment)
- Passive Massage

Sales Technique (Theory 18hrs)

- Psychology of Selling
- Conversational Skills in Selling
- Sales Technique
- Interpersonal Skills

Business Organization & Beautician Code of Ethics (Theory 68hrs)

- Conversational Skills
- Understanding Customer Needs
- Customer Record
- Interview Tips
- Salon Management
- First Aids
- Medical & Cosmetic Theory
- Customers Consultation Card
- Business Proposal
- Safety Guidelines of Beauty Salons
- Code of Ethics & Rules for Beautician
- Basic Facilities of Body Wellness Centre

Waxing (Theory 4hrs, Practical 12hrs)

- Cold, Warm and Hot Waxing
- Honey Waxing
- Upper Lip Waxing
- After Waxing Care

Make-Up Technique (Theory 16hrs, Practical 48hrs)

- Selection & Application
- Selection of Make-up Tools & Application
- Sterilization & Sanitation
- Design Techniques
- Make-Up Procedure
- Camouflage
- Skin Type, Skin Colors & Foundation
- Eye Make-Up
- Lip Shaping
- Day Make-Up
- Night Make-Up

Heat & Light Therapy (Theory 4hrs, Practical 8hrs)

- Heat Therapy & Safety Measure
- The Benefit of Heat Therapy
- Contra-Indication of Heat Therapy
- Bubble Bath & Oxygen Bath

Basic Nutrition (Theory 8hrs, Practical 10hrs)

- Body Care
- Analysis of Fat
- Diets
- Benefit of Body Massage
- Slimming Concept

Course Structure

40% on theory
20% on demonstration/practical
40% on OJT

- 10% observation
- 10% practices
- 20% actual practices
 - Road show sales training
 - Salon practices

Certificate

Successful participants would be awarded with Dermal Floral Beauty Certificate

Course Fee: S\$5600.00

Training Schedule

6 month duration (Monday to Friday)
129 sessions x 6Hrs = 774 Hrs

Training Venue

Blk 1 Rochor Road #03-504/506/508 Rochor Centre (S) 180001

How to Apply

- ✓ Contact our course consultant
- ✓ To meet our Course Consultant to gather, discuss and review course content.
- ✓ Complete the course application form
- ✓ Successful applicant to sign the CASE standard students contract
- ✓ For international student:
 - application for Student's Pass
 - register for student protection scheme
- ✓ Attend course orientation
- ✓ Attend the course and complete all assignments diligently
- ✓ Prepare for examination
- ✓ Examination

Principal

Our Founder, Ms Corenna Liu Mei Ying joined the beauty industry in 1991, armed with more than a decade of experiences, she mastered all fundamental aspects in knowledge and technology. Her winning style in management, psychology training, innovational business concept and intensive market research help to meet the discerning needs of the industry. Ms Liu believed in adopting the latest technology and skills, she holds the CIDESCO International Diploma in Aesthetic and Cosmetology.