

Diploma of Beauty Therapy

Pre-requisite and Requirements

Minimum education requirement is secondary two

Course Content

Facial Cleansing & Massage Steps

(Theory 10hrs, Practical 20hrs)

- Preparation Procedure
- Use of Steamer
- Facial Massage Steps
- Décolleté Massage Steps

Types of Facial Treatment Technique

(Theory 8hrs, Practical 18hrs)

- Normal Skin Facial
- Problem Skin Facial
- Pigmentation Skin Facial

The Skin & Salon Hygiene (Theory 4hrs)

- Sterilization

The Skin (Theory 48hrs, Practical 12hrs)

- Function of the skin
- Skin Analysis
- Skin Deficiency
- Skin Blemishes
- Skin Disorder
- Skin Diseases
- Pigmentation, Freckles and Melanocytes
- Problem Skin Conditions
- Acidity & Alkalinity (pH)
- Sun Protection

Skin Anatomy & Physiology (Theory 80hrs)

- The Cells
- Cryptogenic
- Bacteriology
- Skeletal System
- Facial Bone
- Body Skeletal System
- Muscular System
- Muscles of the Head, Face, Neck & Chest
- Body Muscular Parts
- Digestive System
- Circulatory System
- Nervous System
- The Lymphatic System
- Glandular System
- Hair Follicles
- Anatomy of the skin

Grooming & Social Skills

(Theory 12hrs, Practical 6hrs)

- Personal Grooming & Hygiene
- Customers Service
- Telephone & Greeting Techniques

Skin Care & Mask Application

(Theory 24hrs, Practical 76hrs)

- Home Care
- Skin Peeling
- Cleansing Procedure
- Open & Close Come done
- Make-up Removal
- Face Massage Steps & Techniques
- Natural Mask Application
- Soft, Cold, Hot & Remodeling Mask
- Clay Mask
- AHA Treatment
- Collagen Mask
- Skin Renewing Treatment
- Anti-Oxidant Treatment
- Restore Radicals
- Removal of Mole, Freckles & Pigmentation Spots

Types of Body Massage

(Practical 40hrs)

- Body Massage Skills
- Décolleté Massage Steps & Techniques
- Back Peeling & Acupressure Techniques
- Back Massage Steps & Techniques
- Body Massage Equipment, Working Posture
- Body Massage Steps, Demo & Practices

Hand Care (Theory 10hrs, Practical 44hrs)

- The Nail
- Nail Disorders
- Paraffin Therapy
- Hand Care & Firming
- Hand Peel, Mask & Massage
- Manicure
- Feet Care & Massage
- Pedicure
- Nail Polish Ingredients
- Nail Polish Application

Eye Care & Treatment

(Theory 6hrs, Practical 40hrs)

- Eye Massage Steps
- Lymphatic Treatment
- Anti Wrinkle Treatment for the eyes
- Eyelash Perm Skill
- Eyebrow Design & Correction
- Eye Bags Treatment
- Regenerating Treatment
- Eyelash & Eyebrow Tinting

Product Knowledge & Application

(Theory 68hrs)

- Products Type & Knowledge
- Products Ingredients
- Aromatherapy
- Correct Usage of Products
- The Chemical Structure
- Derma Floral Products Description (Ingredient & Science)
- Derma Floral Usage & Steps
- Cosmetic Science
- Basic Chemical Knowledge

Beauty Equipment Care & Maintenance

(Theory 28hrs)

- Electrical
- Safety, Rules & Measurement
- Equipment Care & Maintenance
- Magnifying Lamp

Application of Beauty Equipments

(Theory 50hrs, Practical 108hrs)

- Ozone Steamer
- High Frequency on face
- Galvanic Equipment on face
- The Do and Don'ts of Faradic Equipment
- The Do & Don'ts of Bio Equipment
- Vacuum Suction
- Lymphatic Drainages
- The Care & Apply of Suction Cups
- The Pro and Cons of Micro Electrical
- Infra Red, Benefit of Heat Therapy
- Spatula Equipment
- Ultrasonic Equipment
- Hot & Cold Massager Equipment
- Negative Ion – Ultrasonic A/B-Practical
- Vibrating Machine (G5 Equipment)
- Passive Massage
- Magic Hand

Sales Technique (Theory 40hrs)

- Customers of Types
- Energy Sales
- Solving the Problem of Customer
- Psychology of Selling
- Conversational Skills in Selling
- Sales Technique
- Interpersonal Skills

Business Organization & Beautician

Code of Ethics (Theory 72hrs)

- Conversational Skills
- Understanding Customer Needs
- Customer Record
- Interview Tips
- Salon Management
- First Aids
- Medical & Cosmetic Theory
- Customers Consultation Card
- Business Proposal
- Safety Guidelines of Beauty Salons
- Code of Ethics & Rules for Beautician
- Basic Facilities of Body Wellness Centre

Waxing (Theory 6hrs, Practical 14hrs)

- Cold, Warm and Hot Waxing
- Honey Waxing
- Upper Lip Waxing
- After Waxing Care
- Depilatory Cream Wax

Make-Up Technique

(Theory 22hrs, Practical 78hrs)

- Selection & Application
- Selection of Make-up Tools & Application
- Sterilization & Sanitation
- Design Techniques
- Make-Up Procedure
- Camouflage
- Skin Type, Skin Colors & Foundation
- Eye Make-Up
- Lip Shaping

- Day Make-Up
- Night Make-Up
- Preparation and Setting
- Preparatory Steps
- Analysis of Face Shape & Contouring
- Highlight and Shading Techniques
- Colors

Heat & Light Therapy (Theory 6hrs, Practical 18hrs)

- Heat Therapy & Safety Measure
- The Benefit of Heat Therapy
- Contra-Indication of Heat Therapy
- Bubble Bath & Oxygen Bath
- Steam Bath
- Light Bath
- UV Ray

Basic Nutrition (Theory 10hrs, Practical 12hrs)

- Body Care
- Analysis of Fat
- Diets
- Benefit of Body Massage
- Slimming Concept
- Exercises

Course Structure

40% on theory

20% on demonstration/practical

40% on OJT

- 10% observation
- 10% practices
- 20% actual practices
 - Road show sales training
 - Salon practices

Certificate

Successful participants would be awarded with Dermal Floral Beauty Certificate

Course Fee:

S\$6800.00

Training Schedule:

8 month duration (Monday to Friday)

165 sessions x 6Hrs = 990 Hrs

Training Venue:

Blk 1 Rochor Road #03-504/506/508
Rochor Centre (S) 180001

How to Apply

- ✓ Contact our course consultant
- ✓ To meet our Course Consultant to gather, discuss and review course content.
- ✓ Complete the course application form
- ✓ Successful applicant to sign the CASE standard students contract
- ✓ For international student:
 - application for Student's Pass
 - register for student protection scheme
- ✓ Attend course orientation
- ✓ Attend the course and complete all assignments diligently
- ✓ Prepare for examination
- ✓ Examination

Principal

Our Founder, Ms Corenna Liu Mei Ying joined the beauty industry in 1991, armed with more than a decade of experiences, she mastered all fundamental aspects in knowledge and technology. Her winning style in management, psychology training, innovational business concept and intensive market research help to meet the discerning needs of the industry. Ms Liu believed in adopting the latest technology and skills, she holds the CIDESCO International Diploma in Aesthetic and Cosmetology.